



# MONTANA 4-H



*4-H empowers kids with the skills to lead for a lifetime.*

## What is 4-H?

4-H is a program focused on positive youth development. 4-H members learn by doing with adults providing guidance.

Adult volunteers and Montana State University Extension professionals work to teach youth life skills such as leadership, citizenship, and self-confidence in over 200 project areas.

## 4-H Projects

**Animal Science:** Beef Cattle, Dairy Cattle, Dog, Goat, Horse, Pocket Pets, Poultry, Rabbit, Sheep, Swine, Veterinary Science

**Engineering & Technology:** Aerospace, Bicycle, Electricity, Robotics, Small Engines, Welding, Woodworking

**Environmental & Natural Sciences:** Entomology, Forestry, Outdoor Adventures, Shooting Sports, Sport Fishing, Wildlife

**Family & Consumer Sciences:** Child Development, Babysitting, Sewing and Textiles, Knitting, Crochet, Embroidery, Quilting

**Plant Sciences:** Crop Science, Gardening, Range Management, Weed Science

**Communications and Expressive Arts:** Cowboy Poetry, Leather Craft, Public Speaking, Photography, Scrapbooking

**Leadership & Personal Development:** Citizenship, Leadership, Service-Learning

**Food Science:** Cake Decorating, Cooking, Baking

**AND MANY MORE!**



**2X**  
THE IMPACT

4-H'ers are 2X more likely to make healthier choices.\*



**4X**  
THE IMPACT

4-H'ers are 4X more likely to contribute to their communities\*



**2X**  
THE IMPACT

4-H'ers are 2X more likely to participate in STEM activities outside of school\*

## Want to join Cascade County 4-H?

Open enrollment begins October 1st.

**Youth age 8 and over** as of October 1, 2020 can join as a regular member and enroll in the projects of their choice.

**Youth ages 5-8** may join as a Cloverbud. Cloverbuds is a non-competitive educational group.

For more enrollment information, please call the MSU Cascade County Extension Office at 406-454-6980, or email Allyssa Zoern, 4-H & Youth Development Agent at [allyssa.zoern@montana.edu](mailto:allyssa.zoern@montana.edu).

## Cascade County 4-H Statistics

**Cascade County has 12 4-H clubs** in Great Falls, Ulm, Cascade, Centerville, Belt, and Fort Shaw to choose from.

**394 Cascade County youth** participated in 4-H last year.

**96 Cascade County adults** are enrolled as certified 4-H Volunteer Leaders.



EXTENSION



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